

## Useful contact numbers continued

Palliative Care Consultant – Dr Elisabeth Bjorndal	020 8539 5522 ext 5288 or 5401
Palliative Care Nurse Specialist – Kulveer Rehsi-O’Brien	020 8539 5522 Bleep 150
Urology Clinical Nurse – John O’Neill	020 8539 5522 ext 5129 or Bleep 147
Bladder Cancer Nurse Specialist – Paula Allchorne	07659 101 600
Multidisciplinary Team Coordinator/Navigator – Stephen Bradley	020 8539 5522 ext 6177
Macmillan Information and Support Centre at Whipps Cross	020 8535 6790
Research nurse - Emma Foster	020 8535 6940 ext 6065
Whipps Cross Outpatient Appointments	020 8539 5522 ext 6104, 5218 or 5360
Whipps Cross Switchboard	020 8539 5522

## Urology

## Multidisciplinary Team

### Patient Information Leaflet

**CANUR002**

**Review: Jul 2012**

**Cancer services**

## The Urology Multidisciplinary Team

This leaflet contains information about the Urology Multidisciplinary Team (MDT) who will be looking after you. It has been written to help you understand more about the services available to you.

The Urology MDT is a specialist team of health professionals who together decide your diagnosis and propose a plan for your care and treatment. Every team works by following national guidelines on how they should work with you, each other, your GP and other specialist services.

During your outpatient consultation, the doctor will discuss your medical problem with you. The doctor may also have information about test results and a treatment plan if your case has been discussed by the Urology MDT. This will be explained during the consultation.

## Useful contact numbers

Lead Clinician – Mr James Green	020 8539 5522 ext 6877
Consultant - Mr John Hines	020 8539 5522 ext 5183
Consultant - Mr Tim Philp	020 8539 5522 ext 6877
Consultant - Mr John Peters	020 8539 5522 ext 5964
Consultant Histopathologist - Dr Luis Beltran	020 8539 5522 ext 6813
Consultant Radiologist - Dr Jaya Namasivayan	020 8539 5522 ext 5852
Clinical Oncologist - Dr Paula Wells	020 7601 8044
Medical Oncologist – Dr Tom Powles	020 7601 8522

**Please find more useful contact numbers on the back page**

### **Spiritual/Pastoral Care Team**

The spiritual/pastoral care team is available to listen and support people whatever their beliefs or background, as well as providing religious services and advice. For further information contact the team on 020 8539 5522 ext 5005.

### **Financial advice**

All patients with a cancer diagnosis are entitled to free prescriptions. Ask your doctor to sign an exemption form for you. If you require further information on financial support speak to your key worker or pop into the Macmillan Cancer Information and Support Centre at Junction 4 on the main hospital corridor.

### **Patient advice and liaison service (PALS)**

PALS provide patients and carers with assistance to sort out any problems and concerns you may have about your care or treatment. Working within the hospital the team will liaise directly with clinicians and other staff to deal quickly with issues raised. You can contact PALS on 020 8535 6756.

The multidisciplinary team is responsible for:

- Agreeing a treatment plan jointly with your specialist doctor.
- Offering you written information about your care and treatment.
- Deciding whether further tests are required.
- Making appropriate referrals to specialist services.
- Informing you of local and national support services.
- Offering you the opportunity to request a second opinion about your diagnosis and treatment plan.

The MDT meets once a week to discuss patients within their care with suspected or diagnosed cancer. Your treatment plan will be discussed at various times at the MDT meeting. Your consultant will write to your GP whenever there is a change in your treatment.

Your care may be shared by two or more consultants who have different expertise, if that is what your condition requires.

The Urology MDT comprises:

- **Lead Clinician**  
Normally a consultant who takes responsibility for the service.
- **Surgeon**  
A consultant who specialises in performing the type of operations that may be needed to treat your condition.
- **Medical Oncologist**  
A consultant who specialises in the treatment of tumours with chemotherapy (drugs to treat cancer).
- **Clinical Oncologist**  
A consultant who specialises in the treatment of tumours, with chemotherapy (drugs to treat cancer) and radiotherapy (x-rays that destroy cancer cells).

## Connecting with others affected by cancer

You may find it helpful to get in touch with other people affected by cancer.

### On-line support

- Macmillan Cancer Support provides an on-line community including groups for specific cancer types.  
Visit: [www.macmillan.org.uk](http://www.macmillan.org.uk)
- The Prostate Cancer Charity provides an on-line message board for men affected by prostate cancer.  
Visit: [www.prostate-cancer.org.uk](http://www.prostate-cancer.org.uk)

### Local groups

- **CYANA – Cancer you are not alone**  
Provide regular support groups, counselling and complementary therapies.  
Telephone: 020 8553 5366
- **Whipps Cross cancer support group**  
Meets on a monthly basis offering a rolling programme of talks and workshops and is open to anyone affected by cancer.  
Telephone: 020 8535 6790.

## Other services available to you

### Macmillan Cancer Information and Support Centre at Whipps Cross Hospital

Open Monday – Friday, 10.00am-4.00pm at Junction 4 on the main hospital corridor. The centre provides:

- Literature on all aspects of living with cancer.
- Internet access to guide people to appropriate information resources.
- Opportunity to discuss treatments, side effects and other cancer related issues.
- Opportunity to talk to someone in a private, comfortable, quiet room.
- Over the phone information and support for those not able to access the service in person.

### Interpreting Service/Language Support

If you need an interpreter (including sign language) in hospital or at a clinic appointment please ask the team looking after you to arrange it.

- **Radiologist**

A consultant who specialises in reading x-rays and scans, and carrying out scans and other specialist x-ray techniques to diagnose cancer.

- **Histopathologist**

A consultant who looks at tissue samples under a microscope to diagnose cancer.

- **Urology Nurse Specialist**

A nurse with specialist training in caring for patients with urological cancer. This person will provide you with information, advice and support during your diagnosis and treatment. The Nurse Specialist is your key worker during treatment at the hospital.

- **Multidisciplinary Team (MDT) Coordinator**

The MDT coordinator is responsible for providing administrative support to the multidisciplinary team. They also help ensure a timely journey from referral to treatment.

- **Palliative Care Specialist**

A doctor or specialist nurse who provides specialist advice on symptom control when cancer cannot be cured.

- **Research Nurse**

A nurse who supports patients taking part in clinical trials. If appropriate you may be referred to a research nurse for information about a clinical trial.

You may be referred to other members of the multidisciplinary team. This will depend on your individual needs and symptoms.

## **Your Key Worker**

Your 'key worker' is a member of the multidisciplinary team who you can contact to talk about your care/treatment or other matters. Your 'key worker' can be any member of the team but is usually the nurse specialist. Your key worker may change according to where you are having your treatment but you will be told if this happens.

If you would like advice and support about your diagnosis or treatment please contact your key worker during normal working hours - Monday to Friday (excluding bank holidays) 8.30am to 5.00 pm. See the back page of this leaflet for your key worker's contact details.

If you need advice about your treatment or its side effects outside normal working hours contact your GP or NHS Direct on 0845 46 47.